

About RCDC

The Riverside Community Diabetes Collaborative was formed in February of 2007 in response to the increasing number of persons diagnosed and at risk for diabetes. We are a group of diverse organizations and individuals with a desire to make an impact in the fight against diabetes.

Our mission: To strengthen community programs and services for the prevention and management of diabetes.

Program Inserts help RCDC to reach your congregations.



Do you want to address diabetes in your congregation?

Across the nation, we are becoming ever more aware that diabetes is a serious disease. Nationwide, diabetes affects 25.8 million people (8.3% of the U.S. Population).¹ ***In Riverside County, 8.5% of the population has diabetes.***² Diabetes is the leading cause of kidney failure, non-traumatic lower limb amputations, and new cases of blindness among adults in the United States. Diabetes is also a major cause of heart disease and stroke.

But Type 2 diabetes can be prevented. And people who learn to manage their diabetes well can live long and healthy lives.

The Riverside Community Diabetes Collaborative (RCDC) wants to partner with faith leaders to spread the message that Type 2 diabetes is preventable, and that diabetes can be controlled. ***RCDC is currently focused on the geographic areas of Riverside and Moreno Valley, where we offer free classes on diabetes prevention and management. With your help, RCDC will be able to reach out to congregations in these areas,*** in order to create awareness about free and low-cost resources available to help people prevent or manage diabetes.

One simple way to be a part of this effort is to include this insert in your programs or church bulletins.

Program inserts are 5.5" by 8.5", and are double-sided, in English and Spanish. If you are interested in receiving a quantity of these for your congregation, please contact Desirée Santos-Kho at desiree@rchf.org or 951.788.3471.

If your congregation is not located within RCDC's geographic focus areas—or if you want more information on diabetes—here are two great places to get resources on diabetes:

American Diabetes Association
www.diabetes.org

National Diabetes Education Program
www.ndep.nih.gov



1) National Diabetes Fact Sheet 2011; 2) Diabetes in California Counties (2009)